

## Lead Climb and Belay Proficiency Checklist

Applicants Name: {{firstname}} {{lastname}} Birthday: {{dateofbirth}}  
Test Type: {{testtype}}  
Tester's Name: {{customtext1}}

1. Harness secured properly: {{harness}}
  - Proper fit
  - Doubled back
  - Enough tail
2. Applicant is able to demonstrate a back-clip {{backclip}} and is able to explain why it is dangerous:
3. Applicant is able to demonstrate a z-clip and {{zclip}} is able to explain why it is dangerous:
4. Applicant passed the top rope belay test: {{trtest}}
5. Applicant is able to climb at least 5.9 without falling: {{proficiency}}

### Climbing

6. Proper Figure 8 follow through tie-in: {{figure eight}}
  - Correct tie-in point
  - Tail at least twice the length of knot
  - Loop smaller than or equal to belay loop size
7. Safety Check: {{safetycheck1}}
  - Belayer's harness
  - Belay set-up
  - Carabiner locked
8. Communicates with belayer appropriately: {{verbalcommands}}
9. Demonstrates proper clipping technique: {{clippingtechnique}}
  - no z-clipping, back-clipping
  - consistently smooth (occasional fumble ok)
  - no skipped clips
10. Keeps feet clear of the rope: {{leg}}
11. Is able to take a proper controlled fall: {{fall1}}

### Belaying

Belay Device Type: {{devicetype}}

12. Proper set up of belay device: {{belaydevice}}
13. Safety Check: {{safetycheck2}}
  - Check climber's harness
  - Tie-in point
  - Figure 8
14. Properly flakes the rope prior to belaying: {{commands}}
15. Spots the climber to the first clip if needed: {{spotting}}
16. Demonstrates the ability to use the PBUS technique: {{belaytechnique}}
17. Proper body positioning throughout the belay: {{belaystance}}
  - stays clear of climber's potential fall line
  - moves forward when giving slack for clips
18. Properly feeds slack: {{slack}}
19. Proper use of commands: {{commands2}}
20. Use of brake hand adequate to prevent loss of rope: {{brakehand}}
21. Properly catches a fall: {{fall2}}
22. Demonstrates safe lowering technique: {{lowering}}

**Requires Re-testing: {{retesting}}**  
**Explanation: {{explanation}}**

Participant's Initials: [ \_\_\_\_\_ ]

Tester's Initials: [ \_\_\_\_\_ ]

